



No pre-registration  Never a Charge

# SKILL Builders!

Education and support for widows, widowers, and caregivers in everyday life.

## Summer 2009 Schedule:

- June 4—Managing your money—Steve Hamilton, VSR Financial Services
- June 11—Surviving the Holidays—Gwen McClain, Midland Care
- June 18—Doc talk—Lisa Mitchell RN, Personal Nurse Case Mgr.
- June 25—Preparing your will/estate—Terry Iles, Attorney at Law
- July 2—Patio gardening—Pat Hennessey, Blackburn Nursery
- July 9—Peace in funeral preparations—Penwell-Gabel
- July 16—Home/personal safety—Officer Karen Tyre  
Kansas Hwy. Patrol
- July 23—Car care—Randy Waterman, Lube Stop
- July 30—Home computer care—Dreux Doty IT,  
Midland Care
- August 6—Healthy cooking for one—Gregg Fox,  
RowHouse Restaurant
- August 13—Get Organized—Naomi Frantzen,  
Beautiful Spaces
- August 20—Celebration potluck and  
graduation!  
At Midland Care Campus

**Thursdays,  
this summer  
June 4 - August 20  
Topeka &  
Shawnee County  
Public Library  
Langston Hughes  
Room 205  
10:00am - 11:30am**

**Questions?**  
Call Lucas Houk, Midland Care, (785) 220-4558

Midland Care and Topeka & Shawnee County Public Library  
proudly present Skill Builders.



**MIDLAND CARE**

**HOSPICE SERVICES**  
Hope, Comfort and Support

