

**Transitioning to the New Normal: The Families' Adjustment After Suicide
"Death Ends A Life not a Relationship"**

I Life after the death of a loved one

II Review of the life of our son

III Perspectives from siblings

IV The Journey- Year 1-6

V The Grief Map

VI What worked for me

VII Found Gifts

VIII "Why" by Rascal Flatts

IX Time for Questions

Why

You must have been in a place so dark
You couldn't feel the light
Reachin' for you through
That stormy cloud
Now here we are gathered in our little hometown
This can't be the way
You meant to draw a crowd

Oh Why, that's what I keep asking
Was there anything I could've said or done
Oh, I had no clue you were masking
A troubled soul, God only knows
What went wrong and why
You would leave the stage
In the middle of a song

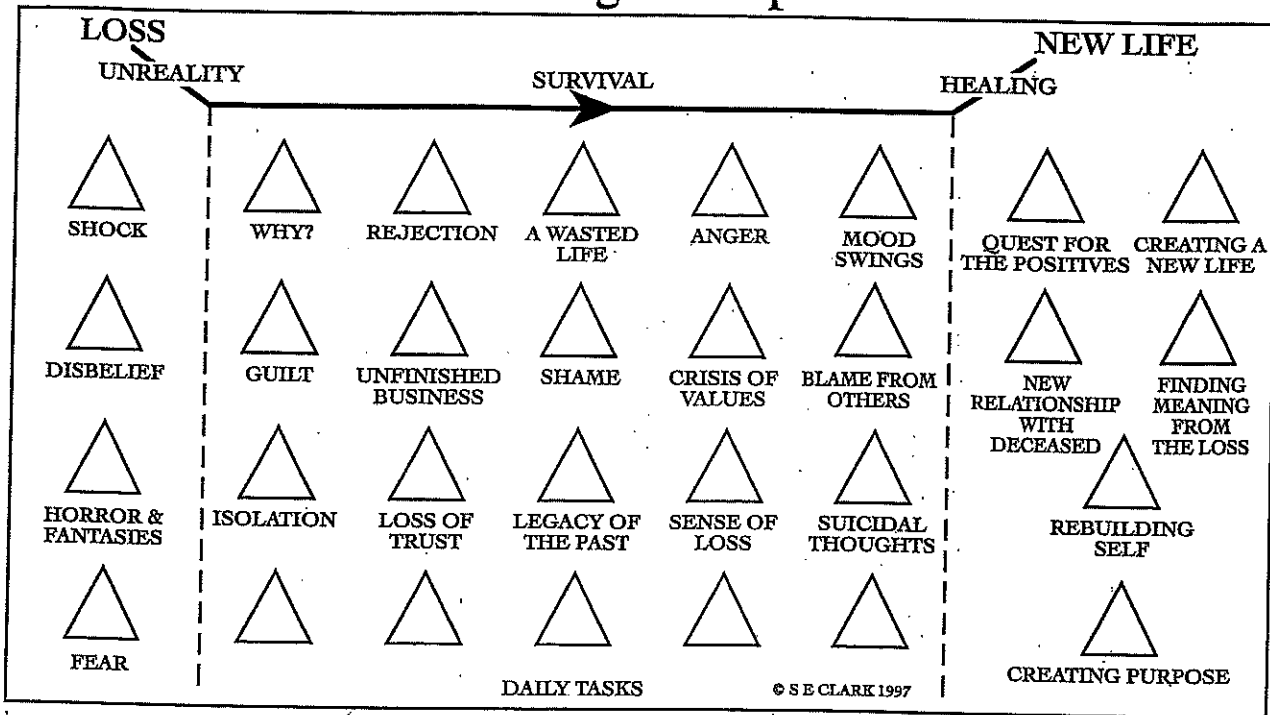
Now in my mind it'll keep you frozen
As a seventeen-year-old
Rounding third to score the winning run

You always played with passion
No matter what the game
When you took the stage
You'd shine just like the sun

Now the oak trees are swaying
In the early autumn breeze
A golden sun is shining on my face
Through tangled thoughts
I hear a Mockingbird sing
This old world really ain't
That bad of place

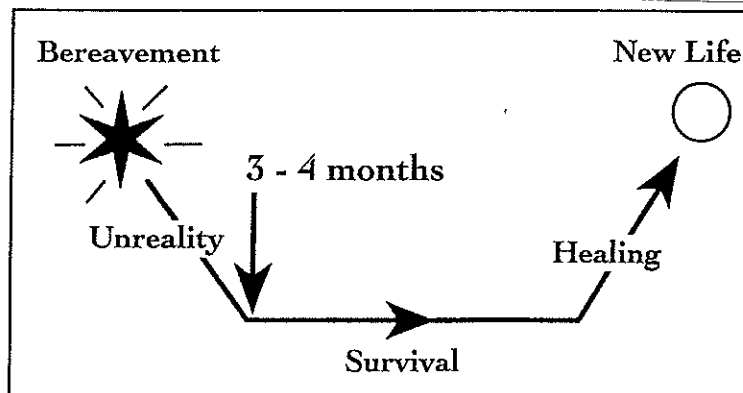
Oh why, there's no comprehending
And who am I to try to Judge or explain
Oh, but I do have one burning question
Who told you life wasn't worth the fight
They were wrong, they lied
Now you're gone and we cry
'Cause it's not like you to walk away
In the middle of a song

The grief map



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Grief journey



Charts from:
After Suicide by Dr. Sheila Clark