

Would you like to make a difference in Missouri's mental health care for older adults? Please attend:

The Aging and Mental Health Coalition of Kansas City North

**Next meeting:
Thurs, January 22nd, 2009
1:30-2:30 p.m.**

**Location: Tri-County Mental Health Services, Rm 140
Located in the Northland Human Services Center
(Follow signs to the room once you enter the building)
Address: 3100 NE 83rd Street, Suite 1001, Kansas City, MO 64119**

**Agenda:
“Living Beyond Depression – For Seniors: Seven
Daily Lifestyle Choices to Support Wellness and
Reduce Risk of Relapse”**

**Speaker:
Roxanne Renee Grant, M.Div., B.A.
Roxanne has provided mental, emotional, and spiritual
direction for diverse people in a variety of settings for the
past 17 years. Currently, she offers Mental Wellness
Training for large and small groups as well as
Spiritual Life Coaching for individuals.**

Meetings are generally the 4th Thurs of every month
1:30-2:30 p.m.
Certificates for 1 contact hour will be given to any professionals needing them.

**Questions? Please contact:
Sally King, MSW, LCSW
Older Adult Care Coordinator
Tri-County Mental Health Services, Inc.
3100 NE 83rd Street, Suite 1001, Kansas City, MO 64119
Direct line: 816-877-0453**