



# SkillBuilders

## Education and Support for Widows, Widowers and Caregivers

### Spring—2008 Schedule

March 6	Coping w/ Special Occasions	Donna Flory, Social Worker with Hospice
March 13	Estate and Legal Matters	Cheryl Trenholm, Barber Emerson LC
March 20	Managing Your Money	Steve Hamilton, VSR Financial Services
March 27	Car Care	Richard Haig, Westside 66
April 3	Going on with Life	A panel led by Laura Kaiser with Hospice Care
April 10	Searching for Peace	Steve Satterfield, Chaplain with Hospice Care
April 17	Computer Care & Keeping	Mary Gauthier, retired business teacher
April 24	Healthy Eating for One	Susan Krumm, Douglas County Extension Office
May 1	Home Security and Personal Safety	Gary Squires, Douglas County Sheriff's Office
May 8	Gardening	Jennifer Smith, Douglas County Extension Office
May 15	Your Legacy: I to We to Me	Jean Humphrey, Johnson County Family Life
May 22	Celebration Potluck	

**Thursdays, March 6-May 22, 2008**

**LAWRENCE PUBLIC LIBRARY**

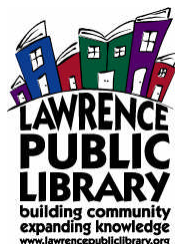
707 Vermont

**10:00am to 11:45am**

Although sessions are designed for widowed persons and caregivers, anyone is welcome.  
No pre-registration necessary. No charge. Refreshments provided.



Douglas Co. Visiting Nurses,  
Rehabilitation, and Hospice Care



Lawrence Public Library



Douglas County Senior Services  
(DCSS)

A special thank you to all of our presenters & their employers for volunteering their time & talent.

**FREE DOOR TO DOOR TRANSPORTATION PROVIDED BY DCSS 785-842-0543**

Questions? - Call Sarah at Douglas County Visiting Nurses, Rehab & Hospice—785-843-3738