

SKILLBUILDERS

for Widows, Widowers or anyone experiencing significant life changes.

Every
Thursday
10:00-11:30am

DRURY PLACE
1510 St. Andrews Dr.

- Sept 12 SURVIVING & THRIVING** Paul Reed: Visiting Nurses-Hospice
After a life loss, learning to live again.
- Sept 19 LEGAL PLANNING** Cheryl Denton: Petefish, Immel, Heeb & Hird, LLP
Legalese interpreted: Power of Attorney, Living Will, Advance Directive, Trusts and Wills. What they are and do I need it?
- Sept 26 AGING IN PLACE** Linda Crabb OTR,CLT: Visiting Nurses
Staying in your home and making it safer and more accessible
- Oct 3 SHARING MEMORIES** Chris McCloud: Local artist and author
Ways to remember through journaling, scrapbooking, photos and more
- Oct 10 PERSONAL SAFETY & HOME SECURITY** Susan Hadl : retired LPD
Feeling safe and securing your home and property.
- Oct 17 BASIC CAR CARE** Richard Haig: Westside 66
Maintaining a safe and serviceable automobile with an emphasis on cold weather preparation.
- Oct 24 FINANCES** Barbara Braa: Trust Officer, CornerBank
Managing your assets. Planning ahead to lessen financial worries.
- Oct 31 WINTERIZING YOUR HOME** Neil Gaskin: Natural Breeze Remodeling
Getting ready for the cold wintry blast and talking care of your biggest investment.
- Nov 7 WHO AM I NOW?** Karen Roberts: Nurse Practitioner
Creating a new self after life changes.
- Nov 14 HANDLING the HOLIDAYS / CELEBRATION & REMEMBRANCE**
Paul Reed and Pattie Johnston

For Questions Contact

Pattie Johnston
Lawrence Public Library
785-843-3833 or

Paul Reed: Visiting Nurses
785-843-3738

For Transportation Contact

Douglas County
Senior Center
785-865-6925

