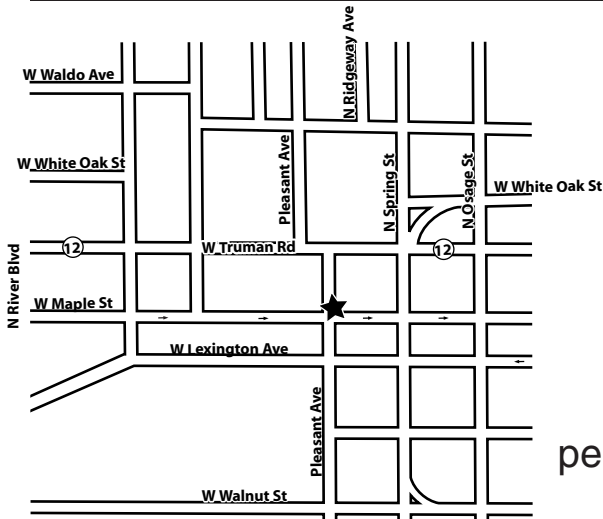

SkillBuilders

Education & Support for Widows, Widowers and Caregivers



SPRING 2011

Tuesdays, March 8, to May 24, 2011

The Palmer Center, Craft Room

218A North Pleasant, Independence, Missouri

9:45–10:00 a.m. Coffee, Meet, Greet, Support

10:00–11:50 a.m. Program

Although classes are designed for widowed persons, anyone may attend. No pre-registration is necessary. There is no charge to attend.

Class Schedule

March 8	Your Legacy, From I to We to Me	Jean Humphrey, Widow
March 15	Home Security & Personal Safety	Independence Police Department
March 22	Preparing Your Home for Sale	Lea Deo, Consultant, Keller Williams
March 29	Understanding Your Grief	Crossroads Hospice
April 5	Lawn & Garden Care	Pat Farrell, Master Gardener
April 12	Medicare/Medicaid & Long-Term Care	Scott Boyd, The National Benefit Corp
April 19	Managing Your Money	Steve Hamilton, VSR Financial Services
April 26	Stress Management	Jan George, RN
May 3	Taking Care of Your Car	Rod Stoll, Susquehanna Auto Clinic
May 10	Making Simple Home Repairs	Jim Saner, Remodeler
May 17	Estate Planning & Legal Matters	Frank Lewis, Attorney
May 24	Pot Luck	Peggy Sowder, Independence Parks & Rec

Weather Policy: If Independence Schools are closed for inclement weather SkillBuilders will not meet.

Heartland Widowed Persons Service, Coordinating Sponsor

SkillBuilders Classes are co-sponsored by:

Kansas City Hospice 816-363-2600

Crossroads Hospice 816-333-9200

Independence Parks & Rec 816-325-6200

For information concerning classes and other support services for widowed individuals, information pertaining to becoming a sponsor or information about making tax exempt donations, call or write to: Stephen E. Hamilton, WPS Board President, 9900 Juniper Lane, Overland Park, Kansas 66207; phone number 913-648-1520, fax 913-648-3520