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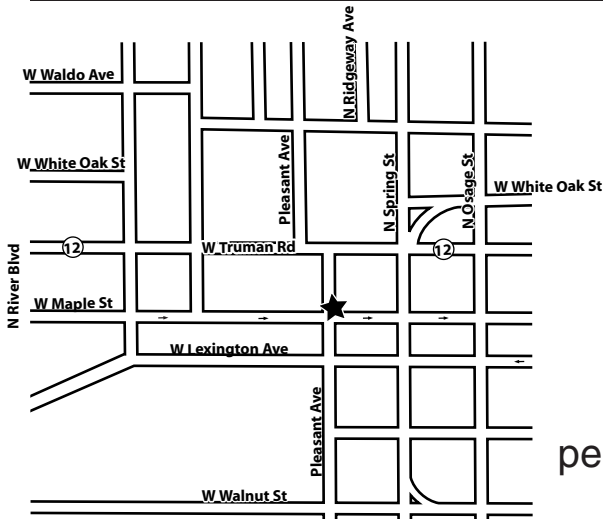
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# SkillBuilders

Education & Support for Widows, Widowers and Caregivers

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## SPRING 2010

Tuesdays, March 2, to May 18, 2010

The Palmer Center, Craft Room

218A North Pleasant, Independence, Missouri

9:45–10:00 a.m. Coffee, Meet, Greet, Support

10:00–11:50 a.m. Program

Although classes are designed for widowed persons, anyone may attend. No pre-registration is necessary. There is no charge to attend.

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### Class Schedule

March 2	Your Legacy, From I to We to Me	Jean Humphrey, Widow
March 9	Preparing Your Home For Sale, Tax Credits	Lea Deo, Consultant-Keller Williams
March 16	Home Security & Personal Safety	Independence Police Department
March 23	Understanding Your Grief	Crossroads Hospice
March 30	Estate Planning & Legal Matters	Frank Lewis, Attorney
April 6	Home Computer Care	Mike Smith, VSR Information Technologist
April 13	Managing Your Stress	Crossroads Hospice
April 20	Medicare/Medicaid & Long-Term Care	Scott Boyd, The National Benefit Corp.
April 27	Managing Your Money	Steve Hamilton, VSR Financial Services
May 4	Taking Care of Your Car	Rod Stoll, Susquehanna Auto Clinic
May 11	Making Simple Home Repairs	Jim Saner, Remodeler
May 18	Pot Luck Celebration	Peggy Sowder, Independence Parks & Rec

Weather Policy: If Independence Schools are closed for inclement weather SkillBuilders will not meet.

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### Heartland Widowed Persons Service, Coordinating Sponsor

SkillBuilders Classes are co-sponsored by:

Kansas City Hospice 816-363-2600

Crossroads Hospice 816-333-9200

Independence Parks & Rec 816-325-6200

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For information concerning classes and other support services for widowed individuals, information pertaining to becoming a sponsor or information about making tax exempt donations, call or write to: Stephen E. Hamilton, WPS Board President, 9900 Juniper Lane, Overland Park, Kansas 66207; phone number 913-648-1520, fax 913-648-3520