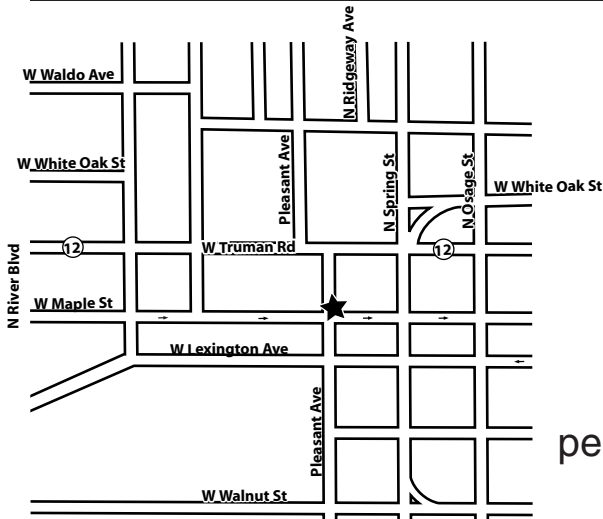

SkillBuilders

Education & Support for Widows, Widowers and Caregivers



FALL 2011

Tuesdays, Sept. 13 to Nov. 22, 2011
The Palmer Center, Craft Room
218A North Pleasant, Independence, Missouri
9:45–10:00 a.m. Coffee, Meet, Greet, Support
10:00–11:50 a.m. Program
Although classes are designed for widowed persons, anyone may attend. No pre-registration is necessary. There is no charge to attend.

Class Schedule

Sept. 13	Your Legacy, From I to We to Me	Jean Humphrey, Widow
Sept. 20	Lawn & Garden, Winter Preparation	Pat Ferrell, Master Gardener
Sept. 27	Understanding Your Grief	Crossroads Hospice
Oct. 4	Personal Safety & Home Security	Independence Police Department
Oct. 11	Cooking for One	Lea Deo, Widow
Oct. 18	Managing Your Money	Steve Hamilton, VSR Financial Services
Oct. 25	Managing Your Stress	Independence Park & Rec. & Jan George, RN
Nov. 1	Taking Care of Your Car, Winterize	Rod Stoll, Susquehanna Auto Clinic
Nov. 8	Making Simple Home Repairs	Jim Saner, Remodeler
Nov. 15	Coping With The Holidays	Crossroads Hospice
Nov. 22	Estate Planning & Legal Matters	Frank Lewis, Attorney

Weather Policy: If Independence Schools are closed for inclement weather SkillBuilders will not meet.

Heartland Widowed Persons Service, Coordinating Sponsor
SkillBuilders Classes are co-sponsored by:

Kansas City Hospice 816-363-2600

Crossroads Hospice 816-333-9200

Independence Parks & Rec 816-325-6200

For information concerning classes and other support services for widowed individuals, information pertaining to becoming a sponsor or information about making tax exempt donations, call or write to: Stephen E. Hamilton, WPS Board President, 9900 Juniper Lane, Overland Park, Kansas 66207; phone number 913-648-1520, fax 913-648-3520