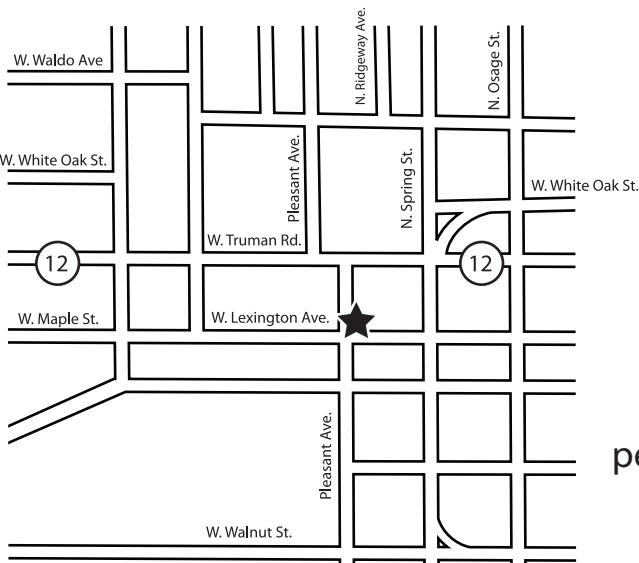

SkillBuilders

Education & Support for Widows, Widowers and Caregivers



FALL 2013

Tuesdays, Sept. 17 to Nov. 26, 2013

The Palmer Center, Craft Room

218A North Pleasant, Independence, Missouri

9:45 - 10:00 a.m. Coffee, Meet, Greet, Support

10:00 - 11:50 a.m. Program

Although classes are designed for widowed persons, anyone may attend. No pre-registration is necessary. There is no charge to attend.

Class Schedule

Sept. 17	Your Legacy, From I to We to Me	Jean Humphrey, Widow
Sept. 24	Fall Lawn & Garden Care	Pat Farrell, Master Gardener
Oct. 1	Home Security & Personal Safety	Independence Police Department
Oct. 8	Understanding Your Grief	Crossroads Hospice
Oct. 15	Winter Car Care	Rod Stoll, Susquehanna Auto Clinic
Oct. 22	Managing Your Money	Steve Hamilton, VSR Financial Serv.
Oct. 29	Making Simple Home Repairs	Jim Saner, Remodeler
Nov. 5	Home Computer & Mobile Device Care	Mike Smith, Technologist
Nov. 12	Stress Management	Peggy Sowder, Palmer Center
Nov. 19	Coping with the Holidays	Vickie Mears, MSW
Nov. 26	Estate Planning	Frank Lewis, Attorney

Weather Policy: If Independence Schools are closed for inclement weather SkillBuilders will not meet.

Heartland Widowed Persons Service, Coordinating Sponsor
SkillBuilders Classes are co-sponsored by:

Kansas City Hospice 816-363-2600

Crossroads Hospice 816-333-9200

Independence Parks & Rec 816-325-6200

For information concerning classes and other support services for widowed individuals, information pertaining to becoming a sponsor or information about making tax exempt donations, call or write to: Stephen E. Hamilton, WPS Board President, 9900 Juniper Lane, Overland Park, Kansas 66207; phone number 913-648-1520, fax 913-648-3520